



# *Field Day*

## *Friday, June 5*

*A Treasured tradition at Lincoln*

*For the new kindergarten parents at Lincoln (or a quick refresher for others), here is an overview of this fun-filled day.*

***Field Day*** is just what its name implies - a school day devoted to physical activity and games on the school field.

*Just before 9:00 am, grades K-2 will go to Manchester Field with their teachers and cycle through a number of stations, playing games such as Egg on a Spoon, Sponge Relay, 3-legged race, Water Balloon Toss, Shuttle Run, etc. The children will stay with their class and teacher the entire time. All students are encouraged, but not forced, to participate.*

*Another special treat is kindergarteners get to eat lunch at school.*

*Dismissal time is the regular 12:15 pm for Kindergarten and 2:35 pm for grades 1-5.*

*So, here's what's needed:*

*Bring your own lunch. (All the other grades can buy pizza, but for K-students, we ask that they bring a bagged lunch to eat in their classroom). Popsicles will be served on the field.*

*What to wear?*

*Comfortable clothing. Each student will be assigned a shirt color so teams can be assigned easily on the fields. Your teacher will be communicating this as the date gets closer.*

*Sunscreen is recommended, as well as a hat, sneakers (no crocks, sandals, or cleats) and a water bottle (we recommend putting a name on it).*

*Lastly, come join the fun! Field Day wouldn't happen without the help of many parents. Please email Emily Ehl ([e.ehl@verizon.net](mailto:e.ehl@verizon.net)) or Jill Abrahamsen ([jabrahamsen@mac.com](mailto:jabrahamsen@mac.com)) to get involved. It's a different and fun way to see your child interact with his/her friends and school!*

*PS - Raindate is Friday, June 12*